

Course Overview

The GUE Fundamentals course is the gateway into all GUE training. It is designed to cultivate the essential techniques required for all good diving practices, irrespective of level or environment. It will help both the recreational diver to advance his or her basic diving skills and the more experienced diver to prepare for more technical dives.

All GUE classes place an emphasis on true mastery of skills combined with a solid theoretical education, covering all aspects of diving, such as decompression, dive planning and equipment. During this class you will be introduced to the standardised GUE protocols and equipment configuration.



Skills

This course is usually conducted over a very intense 4 day period and is particularly heavy on in-water skills. You will be shown 6 different kicking techniques, including back-kicks and given guidance on how to master buoyancy and trim. Teamwork, communication, problem solving and environmental awareness are also all key elements of a course aimed solely at making you a better diver.

Your Instructor

Jamie Obern is New Zealand's only GUE instructor and has been teaching GUE classes since 2009. He has been involved with GUE since 2005 and is a passionate advocate for GUE in New Zealand. As well as running GUE classes Jamie is also actively involved in GUE projects, both in New Zealand and overseas.

Course details

- Time commitment: 4 days
- No. of dives: 6 dives
- Pre-reqs: Open Water Diver, non smoker
- Student to Instructor ratio: Max 4:1
- Equipment req'd: Standard GUE equipment configuration. Please contact us for more details.
- Qualification limits: 18m, no decompression, EANx32
- Cost: \$850 excl. gear, \$1,000 incl. gear. Plus cert. fees paid directly to GUE.
- Equipment hire: All specialist equipment req'd for this course is available for hire. Please contact us for details

